The 2016 Porto Meniscus

Preserve the future!

3rd International Meeting 2016

Porto 2016

4-6 February

Porto Palácio Congress

Porto Portugal

THE ORGANIZING COMMITTEE

João Espregueira Mendes
Philippe Beaufils
Rene Verdonk
Nicolas Pujol
Helder Pereira
Philippe Boisrenoult
Miguel Oliveira
Peter Verdonk

The Meniscus 2016 Porto

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Program

Thursday 4 February

8:00 Welcome, Badges, Registration
8:50 Opening remarks. ***Ph. Beaufils, R. Verdonk***
9:00 Opening session. ***J. Espregueira Mendes***
9:10 Current daily practice in meniscal surgery. ***J. Espregueira Mendes***
9:20 Meniscal repair: biomechanics. ***A. Amis***
9:30 Meniscal repair: out-in procedure. ***A. Abdelkafy***
9:40 All-inside technique: new trends. ***P. Verdonk***
9:50 Bimeniscal tears repairs. ***H. Goncalves***
10:00 Meniscal repair: long term clinical results. ***F.X. Gunepin***
10:10 Imaging of the repaired meniscus. ***S. Gomes***
10:20 Meniscal repair: bad prognosis predictive factors. ***D. Popescu***
10:30 Meniscal repair: complications. ***M. Hantes***
10:40 Discussion

11:00 COFFEE BREAK

11:30 Meniscal Belt: I/ Meniscofemoral ligament: anatomy and biomechanics. ***A. Amis***
11:40 Meniscal Belt: II/ Intermeniscal ligament: anatomy and biomechanics. ***M. Ollivier***

11:50 **Guest lecture - Meniscal root tears: diagnosis, technique and outcomes (lateral and medial side).** ***R. La Prade***

12:20 **Case presentation and discussion: meniscal repair, root tears.** ***S. Kopf***

12:50 LUNCH

13:50 Meniscosynovial lesions: surgical anatomy. ***F.X. Gunepin***

14:00 **Guest lecture - Meniscosynovial lesions: surgical technique and results.** ***B. Sonnery Cottet***

14:20 Ultrasound Imaging of the Meniscus. ***B. Klos***
14:30 Meniscal hypermobility and popliteomeniscal fascicle tears. ***R. Seil***
14:40 QoL after meniscal repair. ***Ph. Boisrenoult***
14:50 Which rehab program after meniscal repair. ***J. Pedro Araújo, N. Loureiro***

15:00 **Cross fire: Meniscectomy or repair in High level athletes. Were are we now? With cases presentation.** ***J. Espregueira Mendes, M. Cohen, B. Brophy***

15:20 **Case presentation and discussion.** ***Ph. Beaufils***

15:50 COFFEE BREAK

16:20 Meniscal radial tears: repair technique and results. ***S. Lustig***

16:30 **Guest lecture - Horizontal meniscal tears: Diagnostic, surgical treatment, results.** ***N. Pujol***

16:50 Meniscal cysts: treatment. ***Ch. Hulet***

17:00 Meniscal wrapping. ***T. Piontek***

17:10 Tissue engineering for meniscal repair: growth factors and PRP. ***S. Kopf***

17:20 Tissue engineering for meniscal repair: hydrogels and cell based therapy. ***H. Pereira***

17:30 **Case presentation and discussion.** ***H. Pereira***

18:50 WELCOME RECEPTION

WELCOME RECEPTION

February 4 - 18:50

PORTO PALACIO HOTEL

PORTO PALÁCIO
CONGRESS HOTEL & SPA
★★★★★

Program

Friday 5 February

8:00 Anterior segment of lateral meniscus: a specific anatomy. ***M. Ollivier***

8:10 Lateral Meniscal allograft transplantation: with or without bone plugs ? ***J.C. Monlau***

8:20 Lateral Meniscal allograft transplantation: long term results. ***P. Verdonk***

8:30 Medial Meniscal allograft transplantation: technique and results. ***N. Graveleau***

8:40 Combined surgery associated with Meniscal allograft transplantation: HTO, cartilage repair or reconstruction. ***S. Zaffagnini***

8:50 Meniscal allograft transplantation and cartilage coverage. ***A. Dhollander***

9:00 Meniscal scaffold: current concepts. ***T. van Tienen***

9:10 Meniscal scaffold: Outcomes. ***T. Spalding***

9:20 Meniscal scaffold: influence of cartilage covering. ***N. Pujol***

9:30 Scaffolds and allogafts: management of failures. ***T. Spalding***

9:40 Nu Surface®: concepts and preliminary results. ***V. Condello***

9:50 **Case Presentation and Discussion.** ***J.C. Monllau***

10:20 COFFEE BREAK

10:50 Short term subsequent meniscal surgery after ACL reconstruction. ***B. Brophy***

11:00 Meniscus and ACL: long term results after ACL reconstruction. ***Ch. Hulet***

11:10 Postmeniscectomized knee and ACL deficiency: what to do? ***H. Pereira***

11:20 Meniscectomy: complications and management (except chondrolysis). ***S. Lustig***

11:30 Rapid chondrolysis after meniscectomy: update. ***B. Sonnery Cottet***

11:40 Meniscectomy and rehabilitation. ***S. Della Villa***

11:50 Degenerative meniscal tears: causes, origins, consequences. ***M. Englund***

12:00 Meniscal extrusion: current concepts. ***T. de Coninck***

12:10 Knee morphotype and early degeneration: novel insights. ***A. Van Haver***

12:20 Degenerative meniscal tears: treatment without osteoarthritis. ***R. Becker***

12:30 **Round table - Which treatment for which lesion or how correctly choose beween arthroscopic debridement, meniscectomy or abstension.**
Chairmen: Ph. Beaufils, R. Becker

13:00 LUNCH

14:10 **Guest lecture - Early OA: Cell based therapies.** ***L. Reis Rui***

14:30 Early OA: place for PRP? ***E. Kon***

14:40 Early OA: Place for Hyaluronic acid injections? ***H. Madry***

14:50 Early OA: Place for Hydrogels? ***M. Oliveira***

15:00 Early OA: external and internal «braces». ***F. Almqvist***

15:10 Early OA: place of HTO. ***M. Denti***

15:20 **Round table - Future trends in meniscus surgery.**
M. Oliveira, E. Gomez Barrena, S. Zaffagnini
Chairman: R. Verdonk

15:50 COFFEE BREAK

16:20 Microfracturing: update. ***M. Karahan***

16:30 Mosaicplasty for femoral condyle lesions: indications and techniques.
J. Espregueira Mendes

16:40 Mosaicplasty for femoral condyle lesions: results. ***L. Hangody***

16:50 ACI, MACI and MASI update. ***A. Dhollander***

17:00 MaioRegen®: indication, results. ***E. Kon***

17:10 AMIC (Chondroglide®): indication and results. ***T. Piontek***

17:20 Algorithm for treatment of focal chondral lesions in young patients (OCD excluded).
H. Madry

17:30 Juvenile osteochondritis dissecans of the knee: treatment. ***R. Seil***

17:40 Adult Osteochondritis dissecans of the knee: treatment. ***N. Pujol***

17:50 Osteochondritis: algorithm and synthesis. ***P. Beaufils***

18:00 **Case presentation and discussion.** ***M. Leyes***

20:00 CONGRESS DINNER

CONGRESS DINNER - February 5

Program

Saturday 6 February

Concurrent Sessions

> 1/ THE MENISCUS : RELIVE SURGERIES

An interactive Session

8:50	Introduction. ***Ph. Beaufils, J. Espregueira Mendes, R. Verdonk***
9:00	Anatomy of the meniscus. ***P. Boisrenoult, R. Smigielski***
9:30	Capsulomeniscal lesion: treatment by posterior approach. ***B. Sonnery Cottet***
10:00	Root tear. ***S. Kopf***
10:30	COFFEE BREAK
11:00	Horizontal meniscal cleavage: medial and lateral open repair. ***N. Pujol***
11:30	Meniscal transplantation. ***P. Verdonk***
12:00	Meniscus scaffold implantation. ***JC. Monllau***

> 2/ BASIC SCIENCE SESSION

Chairmen : H. Pereira, M. Oliveira

12:30 END OF CONGRESS

www.the-meniscus.org

The Meniscus 2016 Porto

GENERAL INFORMATION

VENUE: PORTO PALACIO CONGRESS
Av. Boavista, 1269
4100-130 Porto - Portugal

AIRPORT: Dr. Francisco Sá Carneiro, 11 km away from the city centre
+351 229 432 400

BY CAR (from Lisbon and Spain)
The A1 motorway, the first exit after the Arrábida Bridge (Bessa Leite), the Hotel is located on the right side of the Avenida da Boavista.

BY TRAIN
7 km from the Campanhã railway station.
Subway direct lines: A / C / E / B / F (www.metrodoporto.pt)
Stop at «Casa da Musica» Station.
10 minutes walk to the Porto Palacio Congress.

mco congrès

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